



# The Sentinel

Arizona's First Chapter



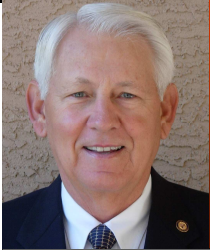
The Arizona Chapter

6393 W. Dublin Lane

Chandler, Arizona

85226

OCTOBER 2010 CHARTERED 1956 - 54 YEARS OF SERVICE TO COUNTRY EDITOR: JIM CULLISON



## President's Perspective by Ron Perkins

Wow!! It's still hot! I was hoping to see the 100 plus temperatures coming to an end and fall slowly appearing with longer nights and cooler days. Over seeding of lawns and golf courses will start in the next couple of weeks.

Last month we had an excellent luncheon with an outstanding presentation by Eric Landau on his eye witness testimony on the terrorist attack on the Twin Towers in New York on 9/11/2001. We can never forget those who lost their lives that day and how our world was changed forever.

I would like to remind you about the Arizona Veteran's Hall of Fame Induction Ceremony on the 29<sup>th</sup> of October, from 11:30 to 1:30 p.m., at the El Zaribah Shrine Auditorium, located at 552 N. 40<sup>th</sup> Street, Phoenix. We have two members, Gary Fredricks and Webb Ellis, being inducted. You can make reservations at

the Arizona Veterans Hall of Fame website, [www.AVHOF.org](http://www.AVHOF.org).

Be sure to note that you are going to support either Gary or Webb so that most if not all the Arizona MOAA members will be seated together...hopefully. There is limited seating, so reserve your seats today.

### 2011 Officer/Board Member Elections

Our annual chapter election of officers and board members will occur during our November general membership luncheon, where candidates for board positions for the calendar year 2011 will be introduced.

Nominations will also be accepted from the floor. You may view the proposed slate of officers on page 3 of *The Sentinel*.

### Membership Committee

I want to congratulate our membership

committee of John Ady, Beth Cullison, Dan Conway, Rob Welch and Gregg Maxon. They have worked tirelessly to bring in new members and have succeeded in recruiting over 35 new members since the first of the year with more in the pipeline. Wow!!! Way to go gang. Keep up the good work. Now, the challenge will be to keep them.

### October Meeting

Just a reminder that the October meeting will be a picnic at the popular McCormick/Stillman Railroad Park on the 23<sup>rd</sup> of October. The 11:00 start time remains the same. We will join the Employer Support for Guard and Reserve (ESGR) in recognizing several local employers.

Last year, everyone really enjoyed the service and food provided by Famous Dave's Bar-B-Que. So, we have invited them back again this year. Please try to attend and support the ESGR and our local employers. I look forward to seeing you on October 23.

*Ron Perkins*

### Arizona Chapter Calendar

**Board of Directors** meets at 1030 hours, Rm. A107, in the Arizona Veterans Home, 3rd Street and Indian School Road. Members are invited to attend.

**Upcoming meetings:**  
• October 7  
• November 4

**Member Meetings/Luncheons** are normally held on the third Saturday of the month, Social Hour at 1100, Luncheon at 1200, at McCormick Ranch Golf Club, unless noted otherwise.

**Upcoming meetings:**  
• October 23  
• November 20

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Join the fun Nov. 12! Scholarship fundraiser golf tournament. See page 4.

# Join Us in October!

**For Arizona Chapter's Annual Picnic**

**When: Saturday, October 23**

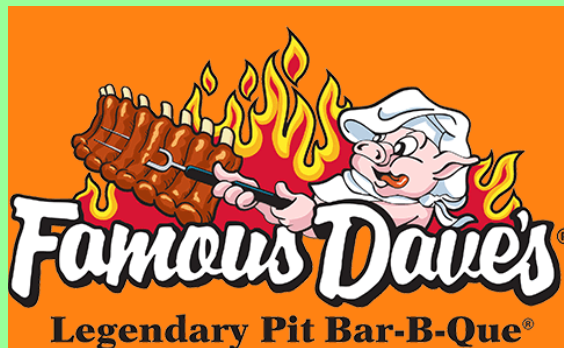
**Where: McCormick Stillman Railroad Park  
Stillman Ramada  
Corner of Scottsdale and Indian Bend Roads**

**Social Hour: 11:00 a.m.**

**Lunch: 12:00 Noon**

**A reservation form can be found on Page 7**

**Lunch will be catered by**



**Special Program:** Our Chapter will host the Arizona Office of Employer Support of the Guard and Reserve (ESGR) in honoring local companies for their exceptional support of employees who serve in the National Guard and Reserve Forces.

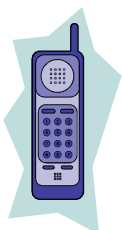
**Among the companies and organizations  
expected to attend for the ESGR honor this year are**

Scottsdale Insurance Company  
Carl T. Hayden Veterans Administration Center  
Grand Canyon University

Honeywell Aerospace  
USAA  
Westview High School

## Cell Phones for Soldiers

Bring your old cell phones to the picnic, and the Chapter will donate them to the non-profit Cell Phones for Soldiers organization.



For each donated phone, a 100-minute calling card will be provided to a service member deployed overseas, allowing him or her to stay in touch with family back home.

## Calling All Auxiliary Members & Spouses

### **Bring Your Ideas to the October Picnic**



A short brainstorming session will take place immediately after the picnic, with all Auxiliary members and spouses invited. Purpose is to recommend a project or community service activity for the Chapter. An ad hoc group met recently to begin the process, but more input is needed. Bring your thoughts and suggestions to get the ball rolling.



Eric Landau



## ***'One of the Saddest Weeks of my Life'***

Eric Landau gave a vivid and poignant account of events of September 11, 2001, and the days after — what he called, “one of the saddest weeks of my life” — at the Chapter’s September luncheon.

A New York resident for 50 years and now living in Arizona, Eric was in New York on business not far from the World Trade Center when the terrorist attacks occurred. As a former fire captain and a communications specialist, he volunteered to assist in the rescue efforts, first in the FEMA triage center and eventually in the city’s Emergency Operations Center.

In words and pictures he described events of the day and the actions of the emergency response personnel. The images he recalled included:

- A gray snowstorm of ash, smoke and debris as the first tower collapsed.
- Ash-encrusted New Yorkers emerging zombielike from the cloud of dust from the collapse.
- Vehicles covered with two to three inches of gray powder, which turned to mud as firefighters poured water on the smoldering ruins.
- A police officer covered in ash who stayed on his post to direct emergency traffic.
- Exhausted firefighters pausing briefly to regain strength so they could continue their rescue efforts.
- The sound of the first F-16 fighter jet arriving from Otis AFB, which caused a momentary panic. The plane couldn’t be seen through the smoke and ash, and there was fear it was another terrorist attack.

Eric paid tribute to the 2,500 persons who died in the attack, and especially the 343 firefighters and 60 police and port authority officers who died performing their duty. As he said, “All gave some, some gave all.”

Following his remarks, he answered questions from members, and President Ron Perkins called for a moment of silence in honor of those who lost their lives on 9/11.



### **Officer Nominees for 2011**

The Chapter Nominating Committee has recommended the following slate of officers for 2011:

President, **John Ady**  
 First Vice President, **Gregg Maxon**  
 Second Vice President, **Jim Cullison**  
 Secretary, **Beth Cullison**  
 Treasurer, **Bill Roscher**  
 Past President, **Ron Perkins**  
 Directors: **Dan Conway, Ron Green, Rance Ferrell, Rob Welch and Ron Worthington.**

Members will vote at the November luncheon. Nominations also will be accepted from the floor at that time. Those elected in November will be sworn into office in January.

### **Your Chapter Needs Your Talents**

Here’s your opportunity to help. The Chapter is looking for members to volunteer with several committees.

The most urgent need is for a webmaster to replace Tom Houser, who’s moved to a job out of state. Rob Welch is filling in on an interim basis, but a permanent replacement is needed.

Also, Kathy Upchurch is seeking an assistant Auxiliary chair, and Bob Rutherford would like an assistant Chaplain to back him up.

We are a 5-star chapter because of the combined efforts of our members. This is a chance for more of us to step up. Anyone interested can contact President Ron Perkins at 480-961-8632.

**Welcome Our Chapter's Newest Members**

**Robert G. Jones, CW4 USAR (Ret)**  
And wife Dorothy, Phoenix

**William O. Sumner, 1LT USA, (Frm)**  
And wife Nancy, Scottsdale

**Carol Zimmerman, Maj USAF (Ret)**  
And husband John (JJ) Ward, New River

**Please meet and greet  
our new members.**

**New Member Initiative**

Hat's off to everyone who is making our 2010 recruiting drive a success. We have a number of attractive options to gain new chapter members whether they are members of our national organization or not. Thus, if you have prospects, please contact John Ady, Membership Chair, for details: (h) 480-596-0780, (cell) 480-363-8080, or e-mail [JRAdy1@aol.com](mailto:JRAdy1@aol.com).

"Some people spend an entire lifetime wondering if they made a difference in the world. But the U.S. Armed Forces don't have that problem."

Ronald Reagan

**AZ CHAPTER MOAA FALL GOLF TOURNAMENT**

**Interested in a super day of fun and fellowship?**

**When:** Friday, November 12. Shotgun Start at 7:30 a.m. Please check-in between 6:15 -7:00.

**Where:** Painted Mountain Golf Club, 6210 E. McKellips Road, Mesa.

**Cost:** \$63, which includes cart fee, green fees, buffet lunch, prizes and money for the Scholarship Fund. Proceeds from Mulligan sales (*2 for \$5 - max of two Mulligans allowed - unused Mulligans are not refundable*) go directly into the Chapter's JROTC Scholarship Fund.

**Who:** Members, guests, and anyone else wishing to support the youth of the Valley of the Sun.

**Dress Code:** Collared shirts are required. Soft spikes on golf shoes – you may wear sneakers.

**What:** Reservations and \$63 fee must be received by **October 29** if possible. Please mail fees and the form below to **Pat Dale**; phone 480-661-5204 or e-mail Pat at [patrickdale1@cox.net](mailto:patrickdale1@cox.net) if you have questions.

**Special Rules:** Handicaps will be determined using the Calloway system. Use of a Mulligan is not allowed on Longest Putt, Closest to Pin, \$1,000 Hole in One or Longest Drive. Additional rules and prize information will be available at check-in, if necessary.

This is a very friendly, fun event. You don't have to be a good golfer to play and have fun with this group.

----- **CUT HERE AND MAIL WITH CHECK** -----

**AZ CHAPTER MOAA GOLF TOURNAMENT  
I WANT TO SUPPORT THE SCHOLARSHIP FUND - COUNT ME IN!  
HERE IS MY REGISTRATION SLIP AND ENTRY FEE.**

Name: \_\_\_\_\_  
(Please Print)

Phone No: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

I would like to be partnered with: [names] \_\_\_\_\_

Mail entry slip and check made out to **AZ Chapter MOAA** to:  
Pat Dale, 12633 E. Kalil Dr., Scottsdale, AZ 85259

Check for \$ \_\_\_\_\_ included for \_\_\_\_\_ players (\$63 each).



**Personal Affairs**  
by Dan Conway  
Personal Affairs Officer

## End-of-Life Physical Planning

While financial end-of-life planning is important, physical end-of-life planning is also important. In the Phoenix area, we have an outstanding organization which makes this much easier. It is Hospice of the Valley. In general, Hospice of the Valley is for those who are seriously ill and are expected to have less than six months to live.

Hospice of the Valley offers many services that go beyond end-of-life care, including programs for people with serious and chronic diseases and a placement service that helps families find the right living environment for their loved ones.

There is no out-of-pocket cost for these services and programs. Donated funds pay for the Placement Service and Outreach.

- The Senior Placement Service helps families and health care professionals sort through the options for senior care -- home health-care companies, group homes, assisted living and skilled nursing facilities -- and find appropriate care for their loved ones at no cost to the family or to the companies or facilities to which referrals are made. It acts as a neutral third-party to help meet the medical and social needs of all seniors, regardless of whether they are Hospice of the Valley patients.
- The Pulmonary Resource Program is designed for patients with advanced pulmonary disease and their families and caregivers. The program offers strategies and interventions for symptom management, education on lung disease, medication, oxygen therapy, breathing techniques, cough techniques, and support to patients and families coping with lung disease.
- The Congestive Heart Failure Program provides care in patients' homes or wherever they reside. Social workers and nurses are available to make home visits, guided by the patient's physician. Participants need not be hospice patients; a community program called Outreach cares for people with chronic CHF.

The hospice program cares for cardiac patients at later stages.


- The Dementia Program serves persons with dementia and their families, as well as educating the community, caregivers and physicians about all aspects of advanced dementia care.
- Outreach offers seriously ill people who aren't on hospice the services of a professional case coordinator to act as an advocate, provide education and make connections to community resources.

Founded in 1977, Hospice of the Valley is one of the country's oldest and largest not-for-profit hospices, nationally known for the staff's expertise. A care team of a doctor, nurse, nurse's aide, social worker, chaplain (if requested) and volunteer support patients with life-limiting illnesses and families in their home or wherever they live.


Care is available 24/7, with a nurse answering calls at night and weekends, not an answering service. Services are covered by Medicare and most insurance companies at no out-of-pocket cost to the patient. For more information, call 602-530-6900, view the web site [www.hov.org](http://www.hov.org) or e-mail [info@hov.org](mailto:info@hov.org).

Please call me with your Personal Affairs concerns at 480-368-1427.

**Daniel M. Conway**



## TAPS



We regret to inform you of the passing of two of our members:

**CWO4 Walter T. McCoy, USAF (Ret)**  
July 8, 1918—March 22, 2010

**CW3 John B. Stenquist, USA (Ret)**  
July 10, 1932—August 4, 2010

*Our heartfelt condolences are extended to the families.*

*If you know of a member or spouse who passes away, please notify one of the Chapter Officers listed on the last page.*



## Legislative Update

by Gary Fredricks, Legislative Chair

### Your Vote, Your Voice

As we approach the fall season, the legislative focus shifts significantly to the elections. As a reminder, in Arizona early voting begins October 7 with the election scheduled for November 2. No matter who you like and who you don't like, I urge you all to vote. It's really the only voice we have in these troubling times, and you shouldn't hesitate to use yours.

#### Ballot Issues and the State Budget

Besides all of the national, state and local candidates on the ballot, there will also be some significant state initiatives to be decided. How you vote on them is your business; however, I would like to remind you that some of them are directly connected to the budget. Our current fiscal year state "balanced" budget, which runs through next June, was put together with the assumption that certain ballot issues will pass. Read them carefully before you cast your vote.

Unless the state legislature is called back into "lame duck" session to deal with a looming budget crisis for the current fiscal year, we don't expect any significant legislative action until the first of the next calendar year. With the election, the state legislative agenda is wiped clean. We may see some isolated bills introduced in December, but nothing will really happen until the new legislature is seated in early January.

#### Defense Bill Awaits Election Outcome

On the national scene, it now looks like Senate action on the FY2011 Defense Authorization Bill will not be concluded until after the elections. Typically, there are over 300 amendments, including the ones that we want, offered to this bill. The short time remaining until the legislators leave Washington to hit the campaign trail isn't adequate to move it forward. Therefore, a national "lame duck" session after the November 2 election will be left to deal with it.

The September 24 edition of the MOAA Legislative Update predicts it will be a "short and bitterly debated session" and lists the following significant issues that the legislators will be faced with:

- Finishing the Defense Authorization Bill
- Preventing a 23.5% cut in Medicare and TRICARE payments for doctors from going into effect on December 1, as required under current law
- Approving funds for government operations beyond December
- Initiatives to extend part or all of the Bush-era tax cuts
- Announcement of the recommendations of the President's Commission on Fiscal Responsibility and Reform on December 1

#### MOAA Will Look to Us for Help

In the coming weeks expect MOAA to seek our help in pushing our legislators to fix the Medicare/TRICARE problem and to win Senate approval of amendments on TRICARE, concurrent receipt, Guard/Reserve retirement, and SBP to name but a few. With respect to the coming December 1 report from the Commission on Fiscal Responsibility and Reform (Deficit), I recommend to you a sobering article from Steve Strobbridge, our MOAA National Director of Government Relations, in the October edition of *Military Officer* entitled "Dealing with the Deficit."

### Donations Honor Deceased Members

When one of our members dies, a \$50 donation is made from the Chapter General Fund to the Scholarship Fund in the members' honor.

In light of the recent deaths of several Chapter members, the Board of Directors has approved donations of \$50 each to the Scholarship Fund in memory of:

COL Richard A. Colson, USA  
 Col Addison W. Stone, USAF  
 Lt Col Bernard N. Katz, USAF  
 Maj Charles H. Retz, USAF  
 CWO4 Walter T. McCoy, USAF  
 CW3 John B. Stenquist, USA

**Donations to Chapter Funds**  
**General Fund**  
**Scholarship Fund**

Contributions to our Funds help keep the Chapter financially strong and support higher education opportunities for our community's young people.

Please consider a donation, using the Financial Participation form below.

**October Luncheon Meeting**

**WHEN:** October 23, 2010  
 11:00 a.m. Social Hour, 12:00 Lunch

**WHERE:** McCormick Stillman Railroad Park  
 Indian Bend and Scottsdale Roads  
 Stillman Ramada  
 Scottsdale, Arizona

**COST:** \$19 Per Person

**DRESS:** Picnic Casual

**MENU** Famous Dave's Legendary Pit Bar-B-Que

**PROGRAM:** We will have a picnic and host the Employer Support of the Guard and Reserve in honoring local employers.

Reservations must be received by 4 p.m. on Thursday, October 21. Cancellations need to be received the same day in order to receive your money back. Use the reservation form below.

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**OUR MISSION.**



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\*The DoD Pharmacy and Therapeutics Committee may set quantity limits on some medications. Other benefit limitations may apply. For more information, go to [www.tricare.osd.mil/pharmacytmop.cfm](http://www.tricare.osd.mil/pharmacytmop.cfm).

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**CHAPTER FINANCIAL PARTICIPATION**

If you would like to make a donation to one or more of the AZ Chapter Funds, include your check identified with the appropriate fund and mail to: **Bill Roscher, 4337 E. Sands Dr., Phoenix, AZ 85050.**

**General Fund: \$** \_\_\_\_\_

**Scholarship Fund: \$** \_\_\_\_\_ **[now a 501(c)(3) charitable fund]**

Name of Donor : \_\_\_\_\_ Identify me as a donor in the next newsletter. YES \_\_\_ NO \_\_\_

**MEAL / MEETING RESERVATION FORM**

Please reserve \_\_\_\_\_ meals for (Name) \_\_\_\_\_

Enclosed is my check for \$ \_\_\_\_\_ (**\$19.00** per person) for **23 October 2010**

Make check payable to: **AZ Chapter MOAA** Received No Later Than: **21 October 2010**

Send to: **Bill Roscher, 4337 E. Sands Dr., Phoenix, AZ 85050** Phone: 480-948-3609 E-mail: [wroscher@cox.net](mailto:wroscher@cox.net)

## OEF/OIF Memorial Dedication

Arizona will dedicate its memorial to the veterans of Operation Enduring Freedom and Operation Iraqi Freedom at 10 a.m. Saturday, October 9. The event will take place at the Wesley Bolin Plaza at Washington Street and 17th Avenue, near the State Capitol building. The public is invited to attend.

### The Arizona Chapter MOAA - 2010 Board of Directors and Committee Chairs

<b>PRESIDENT</b> COL Ron Perkins USAF 480-961-8632	<b>NEWSLETTER EDITOR</b> LTC Jim Cullison USAF 602-482-3838	<b>CHAPLAIN</b> LTC Bob Rutherford USA 602-944-4224
<b>FIRST VICE PRESIDENT</b> BG Gregg Maxon ARNG 480-990-3625	<b>ADVERTISING</b> LTC Jim Cullison USAF 602-482-3838	<b>PERSONAL AFFAIRS</b> CAPT Dan Conway USCGR 480-368-1427
<b>SECOND VICE PRESIDENT</b> COL John Ady USAR 480-596-0780	<b>ELECTRONIC COMMUNICATIONS</b> COL Ron Perkins USAF 480-961-8632	<b>PROGRAMS</b> COL Charles Schluter, USA 480-563-8480
<b>SECRETARY</b> Beth Cullison 602-482-3838	<b>HISTORIAN / PHOTOGRAPHER</b> LTC Jim Cullison USAF 602-482-3838	<b>ARRANGEMENTS</b> Marie Fredricks 480-836-8419
<b>TREASURER</b> COL Bill Roscher USA 480-948-3609	<b>JROTC AWARDS</b> LCDR Terry Tassin USN 623-931-1546	<b>SCHOLARSHIPS</b> COL Ron Worthington USAF 480-945-4015
<b>IMMEDIATE PAST PRESIDENT</b> LCDR Terry Tassin USN 623-931-1546	<b>LEGISLATIVE</b> COL Gary Fredricks USAF 480-836-8419	<b>TOPS LIAISON</b> COL Charles Schluter, USA 480-563-8480
<b>DIRECTORS</b> LTC Ron Green USAF, COL Rob Welch USA, CAPT Dan Conway USCGR, COL Ron Worthington USAF, Kathy Upchurch	<b>MEMBERSHIP</b> COL John Ady USAR 480-596-0780	<b>WEBMASTER</b> CAPT Tom Houser, USAF 602-697-3123
<b>AUXILIARY</b> Kathy Upchurch	<b>AUXILIARY LIAISON</b> Kathy Upchurch 602-799-0240	<b>SHARE A RIDE</b> COL Ron Perkins, USAF 480-961-8632

Access Arizona Chapter's Internet Web Site at: [www.azchaptermoaa.org](http://www.azchaptermoaa.org)

Arizona Chapter  
Military Officers Association of America  
13819 N. 51st Street  
Scottsdale, AZ 85254



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